

2017 HMAF East Coast Gasshuku

Virginia Martial Arts Center

3325 Taylor Rd Ste 102, Chesapeake, VA



Gasshuku instruction is led by Dara Masi, Director of HMAF, Kaiden Shihan San Dai Kichu. She is nationally noted for her popular hands-on, detail oriented teaching style that encourages students to self-discovery of technique, a deeper understanding of the core principles, and the application of these principles to street technique.

Training includes all levels of Hakko Densho Ryu waza, HMAF rank testing for eligible members, private Shihan instruction, and Koho Shiatsu instruction and practice.

GUEST INSTRUCTOR - Hanshi Darren Myers started training in the Martial Arts in 1974 in Kempo. In 1979, he began his training in Shito-Ryu Karate-Do with Soke Shogo Kuniba. Hanshi Myers was an active competitor winning many local, state and national titles. He was the VP of the USA Branch of Kuniba Kai International and was on the Board of Directors for the USA National Karate-Do Federation. He serves as the USA Honbucho for Kuniba Kai International and the Director of Marketing for USA Karate. Hanshi Myers founded Virginia Martial Arts Center in 1980. In 1991, Soke Shogo Kuniba asked him to take over his dojo in Portsmouth, Virginia. Hanshi Myers combined both dojo in 1997 at the current location.



Pricing

Weekend Package \$100 members | \$135 non-members
(Includes 3 days training, t-shirt, Yudansha training for black belts. Meals not included.)

Friday Only \$40 members | \$60 non-members

Saturday Only \$80 members | \$100 non-members

Sunday Morning Only \$40 members | \$60 non-members

More information, schedule details, registration, downloadable flyers:

www.HakkoryuMartialArtsFederation.com

Hakkoryu Martial Arts Federation

The HMAF was founded in 1974 by Dai Shihan Dennis Palumbo for the purpose of promoting the teachings of Hakkoryu Jujutsu.

